

# THE MONTHLY **SPROUT**

GROWING TREE CHILDREN'S CENTER

November 1, 2019

Dear Families,  
In November our featured word is **GRATEFUL!**

Thank you to all the families that were able to join us out at the DD Ranch for some harvest fun! Hope everyone enjoyed pumpkin picking, hayrides and all the animal's sightings! As the crisp fall weather continues, please bring in warm jackets, gloves and hats for your child. We go outside several times a day. It is nice to get fresh air and run around the playground.

**Ronin** has been all about the trains and tracks. During free play that is usually what you will find him doing. Choo, choo!

**Aspen** is loving to ride the scooter outside. She is starting to go fast! It has been fun watching her.

**Eaven** is mastering empathy towards her friends. If someone gets hurt or is sad, Eaven is always right there to give a hug or comfort them. She is so kind!

**Opal** is enjoying music time! She likes to sing and dance. Five little monkeys seem to be her favorite song so far!

**Lulu** is all about the sensory bins! She liked the ones filled with leaves, toy bugs and tweezers. Such a fun fall activity.

**Iris** has mastered the pegs and peg board game! She is always the first one to sit at the table to build a tower with them.

**Mavin** likes exploring the block area. He builds towers and knocks them down!

**Lillian** loves engaging in circle time, she helps get the books and passes out the baby dolls for baby doll circle.

**Luke** uses his gross motor skills while he plays outside, riding bikes, running on the grass and climbing up and down on the play structure.

**Piper** is new to our classroom this month. welcome Urch family to Growing Tree! We look forward to getting to know her better as she joins the Sprout Two classroom!

This month our study is "**About Me**" The Sprouts will use fine motor skills while finger painting, popping bubble wrap and making a tear and stick collage.

**Books** read during circle time will be "Be Who You Are." "Foods with Moods" and "The feelings Book."

**Songs** we will sing are "Head, Shoulders, Knees and Toes" and "If you're Happy and You Know It."

Toddlers have big feelings in small bodies, and they don't always have the words to express their feelings. Play time is a great way for them to express and practice managing emotions in positive ways. Practice makes progress!

## **I am a Toddler**

I am not built to sit still,  
Keep my hands to myself,  
Take turns, be patient, stand in a line  
or keep quiet.

I need motion, novelty.  
Adventure and to engage  
The world with my whole body.

Let me play.  
Trust me, I am learning."  
(Unknown)

Give thanks

Ms. Kelcy and Ms. Anna

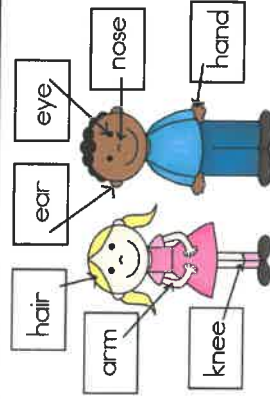


Nov-19

# About Me

This Month's Books:
<u>Be Who You are</u>
<u>The Feeling Book</u>
<u>Food with Moods</u>
This Month's Songs:
<u>Head, shoulders, knees</u>
<u>and toes</u>
<u>If you're Happy and you</u>
<u>know it</u>

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Feelings hop	Tear and stick collage	Where are my fingers?	Sense of smell	Jumping legs
11	12	13	14	15
Eye colors	Paint rolling	My family	Crayon coloring	Where are my toes?
18	19	20	21	22
Sticky fingers	Messy hair	Tummy time yoga	Favortie food	Look in the mirror
25	26	27	28-Jan	29-Jan
Favorite color	Feet stomping	My name is...	Body part collage	Watercolors



# Sprout Two