



## Bud News, 2018

This last month, we read the book, Feast for Ten. I would ask the Buds, “What does feast mean?” and they would all shout out, “Big dinner!” Then we would read and count with the book. As the family worked together in the story, I would ask, “What are they doing?” To which the Buds would all say, “Team work.” And when asked, “When do we do team work?” They all responded with, “At clean up time.”

We also talked a lot about eating healthy, where foods come from and the different kinds of food groups. At meal times we would go over the food groups that were on our plates and what everyone liked the most. **Riley** likes pizza, **Meera** loves strawberries, **Nick** enjoys bread, and **Emmett** likes eating carrots. We learned new songs about fruits, veggies, turkeys and being thankful. As we talked about what we were thankful for, **Jasper** said, “I thankful for the moon and stars.” **Meera** was thankful for her home, and **Alex** was thankful for her mom and dad.

We had lots of fun food activities this month! The Buds made their own Pita bread, (I think they had more flour on them than in or on their bread) but, that’s ok; it just means they had a blast! We painted with vegetables and even practiced scissor skills on spaghetti noodles. The Buds placed beets, carrots, and celery into the juicer, and they got to taste test them. **Knox** said, “I love my smoothie.” as he drank his beet juice. **Sawyer** liked the carrot one the best. As we painted with the juice, we could tell that **Vivian** and **Ellie** liked this part of the project the best. All in all, it has been a fantastic month of exploring foods!

The grocery store was a big hit! **Chloe`** and **Reese** loved placing food into their baskets and walking around the room. “We are shopping” they would say. **Kellen** and **Yosh** liked playing with the money and the cash register. The sensory table was filled with grains for scooping and mixing, water for washing fruits and dirt for digging up veggies.

This month we learned all about **Yosh** and **Eleni**. **Yosh’s** favorite foods are pizza and chicken fries; and he loves to play football! **Eleni** loves the color blue, dancing to baby shark and playing hot potato over and over again.

Our December story is, The Gingerbread Man, narrated by Karen Schmidt. It is a great holiday book. This month's focus will be on building vocabulary and working on honesty. We will do that by reading different books, talking during circle time and giving them new words to use. Our theme is "Merry, Merry Christmas".

The Elf on the Shelf is a holiday tradition here at Growing Tree. It is a Christmas story that comes with a magic elf; who is Santa's special helper. The Buds will name the elf and have to find him each day, because the elf will hide to watch all the Buds play.

Reminders:

- Holiday Sing-along Dec. 10<sup>th</sup> @ 6pm
- Growing tree is closed Dec. 24<sup>th</sup> & Dec. 25<sup>th</sup> AND Dec. 31st & Jan. 1st

Have a wonderful holiday season!

Mrs. Deborah & Mrs. Salina



Dec. 2018



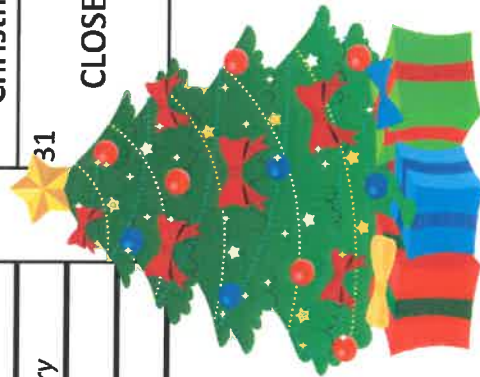
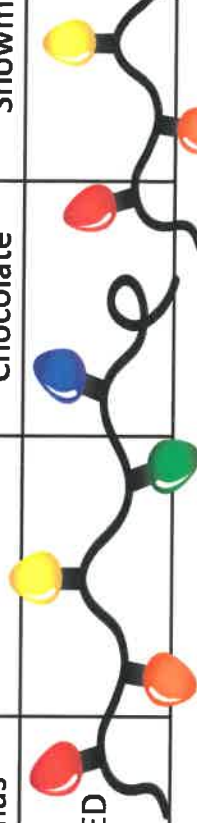
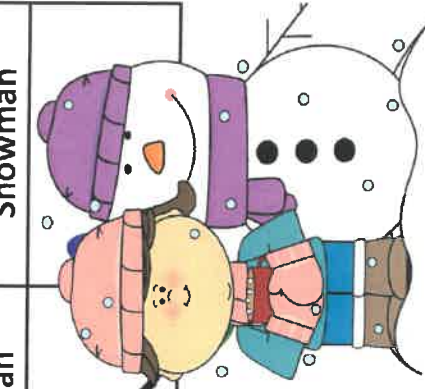
# Merry, Merry Christmas

Notes:

This Month's Books:
<i>The Gingerbread Man</i>
This Month's Songs:
I'm a little snowman
Christmas star
Jingle bells
We wish you a merry
Christmas



Monday	Tuesday	Wednesday	Thursday	Friday
3 String of Lights	4 Gingerbread Friends	5 Cookie Cutter Painting	6 Gingerbread House	7 Christmas Tree
10 Holiday Ornament	11 Candycanes	12 Bow Wreath	13 The Grinch	14 Jingle Bell Painting
17 Handprint Reindeer	18 Stockings	19 Paper plate Christmas Tree	20 Reindeer Hat	21 Magic Reindeer Chow
24 Merry Christmas	25 Closed	26 Making Hot Chocolate	27 Marshmallow Snowman	28 Melted Snowman
31 CLOSED				



## Buds