

THE MONTHLY BIG SEED

GROWING TREE CHILDREN'S CENTER

January 1, 2022

Dear Families,

Welcome back and welcome to the New Year! We hope everyone was able to enjoy this holiday season. Thank you to our families for the thoughtful and amazing words and gifts you have given us.

Monthly Highlights:

Fletcher, Tate, and Millie's language is really picking up:

Fletcher likes to point out the bee sticker on our paper towel dispenser while getting his diaper changed and says "Bee, Bee, Bee."

Tate has been babbling increasingly each day! He often says "mama" and "dada" if we are talking about parents or if it is near the end of the day. He also said "spaghetti" (his favorite food) one afternoon during pickup which impressed us all!

Millie has several distinct words like "yeah," "no" and "outside." She is also very big on repeating words when teachers announce them for her.

All three have been participating in singing and signing our mealtime "Thank You Song."

Cannon is doing well as a Big Seed! One of his new, favorite things in our class is washing his hands and watching his friends wash their hands! He is always eager to walk over to the sink and loves watching the water flow.

Grey has also done well in our room. He enjoys art, especially smooshing paintbrushes covered in colorful paint. He is impressing us with how quickly he is picking up life skills in our room. He puts away his own dishes after a meal; attempts to wash his own hands; and puts his blanket away after nap.

Ben and Bailey are moving up to Sprout 2! We have loved getting to know these two and their families. We wish them well as they move up in the world.

Lillian, Nell, and Poppy will move over from the Seed room and join us in January. All three had siblings

previously in our room so we are looking forward to getting to know these girls and reuniting with their families. Welcome back!

In January we will be studying the contrasting colors of "Black & White"! Exposing young children to contrasting colors is so important as it helps stimulate and encourage their visual growth as well as developing their attention span, memory, and nervous system.

Books: *Please, Mr. Panda; Your Personal Penguin; That's Not My Snowman; Welcome Winter; and Forever*

Signs:

Snow- your fingers flutter down as if they were snowflakes drifting down from the sky. Take both of hands and extend and spread your fingers. Start high and bring the hands slowly down while fluttering your fingers up and down.

Cold- To make the baby sign for *cold* take both hands and make them into fists with thumbs up. Pull your upper arms into your sides, extend your forearms out, and shake your fists back and forth. The sign looks a lot like you are shivering.

Penguin- stand in place and move your upper body side to side as if waddling like a penguin.

Reminders:

- Please make sure your child has all their snow gear here during the week as we go outside several times a day regardless of weather conditions.
- We will continue to make sure we have frequent water breaks as colder weather runs a higher risk of dehydration in children.

Happy New Year!
Jessica and Corinna

Black & White

Monday	Tuesday	Wednesday	Thursday	Friday
3 Snowprints	4 Negative Space Snowflakes	5 Snowball Fight!	6 Open Cup Snowman	7 Panda Bear, Panda Bear
10 High Contrast Scribble art	11 Penguin March!	12 Cottonball Painting	13 Snowflake Handprints	14 Marshmallow Sensory
17 Puffy Painting	18 Black Ice Painting	19 My Mittens!	20 Black and White Torn Paper art	21 Whipped Cream Sensory
24 Polar Bears	25 Pretty Pinecones	26 Chalk art	27 Soft, White Sensory	28 Making Snowmen
31 Sensory Snow				

Notes:

This Month's Books:
<i>Please, Mr. Panda</i>
<i>Your Personal Penguin</i>
<i>That's Not My Snowman</i>
<i>Welcome Winter</i>
<i>Forever</i>
This Month's Songs:
Your are my Snowman
I'm a Little Penguin
Snowflake, Snowflake
Chubby Little Snowman
This Month's Signs:
Penguin, Snow, Cold

Big Seeds