

# THE MONTHLY **GROWING TREE CHILDREN'S CENTER** SPROUT 1

March 2020

Dear Families,

## **March Study Announcement:**

March's study will be Fixing and Building! Expect to see a lot of hard hats, talk about tools, and play with blocks! Thanks to all the parents that voted in last month's study survey.

## **Inside look at March's study:**

### **Books:**

*Joseph had an overcoat*

*Blocks*

### **Songs:**

*I'm going to build / voy a construir*

### **Diversity:**

Every month, we make our lessons rich in language, social emotional development, physical development, but did you know our kids are also learning about diversity?

During this month's study, we are focusing on building and fixing. While doing so, we will intentionally weave themes of diversity in our lessons throughout the week. In addition to practicing our spatial skills with building and puzzle, we will be learning about different types of homes around our city and reading books by others from diverse backgrounds. We will underline these intentional pieces on our weekly lesson plan posted by the menus. Please feel free to get back to us with your ideas or opinions.

### **Teaching Voice Regulation:**

In February, we have had questions regarding "screaming". Boy do toddlers love to scream! So how do we get them to regulate their voice?

The first issue is that children this age struggle to regulate in most areas, voice being only one of them. Something we can do to reinforce the neural connections that are associated with voice regulation is play games like red light green light, freeze dance, and other games that cause the children to switch activities.

Secondly, we need to clearly and consistently set our expectations for voice and allow time to SCREAM! If

screaming is ok inside sometimes and not other times, it can be confusing. Be sure to say when it is appropriate and when it is time for an inside voice. Otherwise, it is like a dress code where you can't wear open toed shoes unless your boss feels like it.

Something we do in class is go over voice expectations with the Sprouts regularly at circle and have a posted visual. When a child screams, we ask them where their inside voice is. This reminds the child of the expectation, and it is nice to go to our visual and point at inside voice, reinforcing the idea that we talk inside.

Additionally, notice their talking! "Bob, I noticed you're talking with the doggy, you're using your inside voice!" We get more of what we notice most.

Try some of these tips at home and get back to us about how it has worked out at home.

### **Consequences:**

Several parents have been asking about giving their children consequences, and what types of consequences young toddlers need. Our social-emotional curriculum talks a lot about consequences, and we'd like to share that with you. Consider reading the full article series about consequences and their use on the conscious discipline website here: [Why Conscious Discipline Consequences Work and Punishments Don't \(And How to Give Effective Consequences\)](#)

### **February Highlights:**

**Archer:** Our zoo study has brought out Archer's love for zebras and giraffes. We find him pointing them out all the time.



**Aubree:** The tricycle has been no match for Aubree, this month she is really learning how to utilize pedals!

**Clover:** Clover is enjoying our circle time dances, and while she doesn't always join in, she can never seem to stop giggling when our other friends are dancing.



**Saylor:** One Wednesday, Saylor serenaded us with her version of "let is go" from frozen. Singing and swinging her shirt



**Eleanor:** When a truck's alarm went off during outside time, Eleanor couldn't help but dance along to the beeping.



**Teddy:** The music has awoken inside Teddy, we see him singing at potty time, rest time, outside time, mealtime. If there is an awkward silence, Teddy fills it with his singing.



**Elise:** Elise is getting comfortable with her new class.



#### **Friendly Reminders:**

**Weather:** As our weather is unpredictable, make sure we've got both a light and heavy jacket

**Extra Clothes:** Our friends are learning great life skills like drinking, hand washing, and playing outside! Sometimes we get wet and need spare clothes. Be sure to check in on your child's cubby to see if their extra clothes bin needs replenishing.

**Izzy:** At free choice, we found Izzy running around with as many animal stuffies as she could carry.

**Quinn:** Ball throwing has evolved into shooting bunched paper towels into baskets. Any moment is a basketball moment with Quinn!

**Fridays:** Remember to take home and wash blankets and jackets over the weekend to prevent the spread of germs and to get all that dust out.



Have a great March!  
Teresa, Elizabeth, & Nana Julie

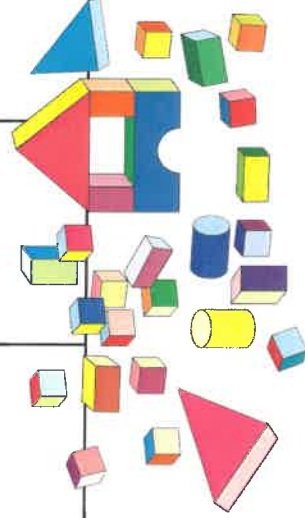


Mar-20

# Fixing and Building

Notes:
This Month's Books:
<i>Bigger Bigger</i>
<i>Joseph's Overcoat</i>
<i>Blocks</i>
This Month's Songs:
<i>Voy a Construir</i>
<i>I'm Going To Build</i>
<i>Scoop and Dump</i>
This Month's Sign:
Build, block

Monday	Tuesday	Wednesday	Thursday	Friday
2 My House	3 Lincoln Logs	4 Colored Glue	5 Block Washing	6 Build a Dog House
9 Sharing Blocks	10 Tower Making	11 Apartment Collage	12 Shaving Cream Blocks	13 Paint Sample Collage
16 Fixing With Glue	17 Shamrock	18 Puzzle Art	19 Triangle Building	20 Bigger Bigger!
23 Rectangle Building	24 Hammering	25 Tape Art	26 Tool Stickers	27 Tool Box
30 Building	31 Finger Paint			



# Sprout One