

# THE MONTHLY **SPROUT 1**

GROWING TREE CHILDREN'S CENTER

January 1, 2020

Dear Families,

## **Classroom Changes:**

In December, we welcomed **Eleanor** and **Nico** into Sprouts 1. We will be changing things up again in January when **Nico** and **JJ** move into the Bud room and **Quinn, Clover, and Om** move into Sprout 1

## **January Study:**

In January our study is.... SCENTS AND SENSATIONS! Thank you all for voting on this month's study, we hope to make sure that every lesson we do is very meaningful to all our Sprouts. We appreciate when we can have parents participating in the process.

This month, we are going to be focusing on our 5 senses. We will explore our senses in unique ways. Join us as we smell, touch, hear, taste, and see, within the classroom.

## **Inside look at our study:**

### **Books:**

- Listen, Peter Rabbit
- Brown Bear, Brown Bear, what do you see?

### **Songs:**

- My Five Senses
- Icky, Sticky, Bubblegum
- Bringing home, a baby bumble bee

### **Art/Play:**

- Scented play
- Foil painting
- And much more!

## **Holiday Sing-A-Long:**

Thank you to all the parents and all our little stars for participating in this year's holiday Sing-A-Long! It was so great getting to see all the families support their children.

## **Wish You Well:**

When we see another child crying at the store, or down the hallway, it can affect our children more than we realize. A friend or stranger being hurt can cause distress and leave our children feeling out of control.

What's a great way to minimize this stress while also helping our little learners become more empathetic and understanding? Rather than ignore it, something we like to do is consider the emotion and wish the individual well.

The wish you well ritual is something straight out of our social emotional curriculum, Conscious Discipline. Sprouts take part in it by identifying that a friend isn't feeling well or isn't at school, putting our hands on our hearts, taking a mindful breath and saying, "I wish you well."

We use this ritual throughout the day, and it is mostly brought on by children, consider using it at home or when you're out and about.

## **Conscious Discipline:**

Curious about our social emotional curriculum here at Growing Tree? Check out this helpful link to some free parent resources from conscious discipline <https://consciousdiscipline.com/about/parents/>



**December Highlights:**

**Archer:** Archer has been a huge fan of our ribbon sensory bin! He loves twirling the ribbons around each other.

**Aubree:** Though gone now, Aubree loved the snow while it lasted and can't wait for more! She was marching up and down the sidewalk with her shovel, working on clearing the way for her friends.

**Clover:** We are excited for Clover to join the Sprouts this month.

**Eleanor:** Eleanor has been chatting up a storm with her pals and is enjoying the large play structure. She mastered it quickly.

**Izzy:** We've watched Izzy's language skills grow this month. Awesome Izzy!

**JJ:** Our class helper has been such a big help this month. Reminding friends of rules, offering to hand out coats, and being aware when friends are gone. We wish you well in the Bud room JJ.

**Nico:** Though he hasn't been here long. Nico fit right in! He quickly came out of his shell and enjoyed bonding with all his new friends. We will miss him when he joins the Bud room.

**Om:** Welcome to the Sprout room Om! We enjoy your big smile.

**Quinn:** Quinn will also join the Sprouts in January. During his transition he enjoyed catching up with old friends.

**Saylor:** Sugarplums weren't the only things dancing this month! Saylor's love for music and movement has been in full swing. Requesting Frozen, Baby Shark, and We are the Dinosaurs.



Jan-20

# Scents and Sensations

Monday	Tuesday	Wednesday	Thursday	Friday
		1 ~HAPPY~ ~2020~	2 Tactile Boards	3 Musical Markers
6 Scented Play Dough	7 Pouring Exploration	8 Textured Paint	9 Sensory Collage	10 False Mud
13 Bumpy Finger Paint	14 Pizza Dough Play Dough	15 Pudding Paint	16 Odd Shaped Crayons	17 Color Collage
20 Felt Collage	21 Scented Stickers	22 Spaghetti Painting	23 Glitter Paint	24 Silky Smooth
27 Cinnamon Scented Art	28 Whipped Cream Art	29 Noodle Art	30 Snowy Day	31 Tropical Scents

Notes:
<b>This Month's Books:</b>
<i>Peter Rabbit Listens</i>
<i>Brown Bear, Brown Bear</i>
<b>This Month's Songs:</b>
<i>Icky Sticky Bubble Gum</i>
<i>5 senses song</i>
<b>This Month's Sign:</b>
<i>Smell</i>

# Sprout One