

THE MONTHLY

GROWING TREE CHILDREN'S CENTER

BUD

December 2, 2019

Hello Bud Parents!

We hope that you had a great Thanksgiving!

Have you noticed the new addition to our classroom? It's our **CALMING CORNER**. Buds are welcome to visit the cozy corner any time they are seeking calmness. Here they will find posters to identify their feelings, squishy balls to squeeze, stuffies to hug, and it is a quiet place to practice deep breathing. This corner aligns with our mindfulness practices and Conscious Discipline social emotional model.

November found the Buds focusing on family and friends. We introduced the concept of filling our "heart buckets." When acts of kindness were noticed by teachers or Buds the class acknowledged the acts by placing a marble in the child's bucket. The Buds smiles let us know how much they enjoyed watching their heart buckets fill. We also read *The Kissing Hand* and *The Invisible String* to support the importance of family and friends.

Other fun November activities included: friendship bracelets, turkey placemats, and creating our very own Bud Room family books. (Thank you for bringing in photos and the love letters!)

We are looking forward to our December study **The Changing of the Seasons**. As a class, we will touch on the different seasons and the difference between each season. We will provide many fun, interactive projects relating to this study.

There is lots happening in December in the Growing Tree Community. All the classrooms will have the opportunity to sing on stage at the Holiday Sing-along on December 9th, our Elf will arrive, and we will be making a surprise for your tree.

A Special welcome to our new Bud Room friends: **Luke, Miles, and Eaven!** They will be joining our room in December.

Important Dates:

Dec. 9 Holiday sing along
Dec. 24 close at 3 pm
Dec. 25-26 No school

Birthdays:

Liam Dec. 3
Charlotte Dec. 8

Parent Reminders:

- Please continue to take home and wash blankets at the end of the week.
- Please bring a warmer coat/ jacket
- Please bring hats/ gloves/ boots to keep in your child's cubby.
- Please save and bring in any toilet paper or paper towel rolls- as we will use these for one of our art projects 😊



Thank you and happy holidays!
Miss Amy, Jamie, and Brittany 😊

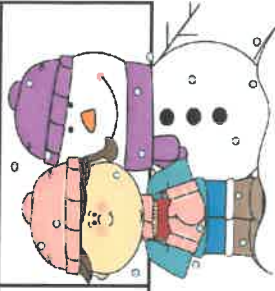
Dec. 2019

Changing of the Seasons

Notes:

This Month's Books:
<i>Goodbye Autumn</i>
<i>Little Owl's Snow</i>
<i>Snow!</i>
This Month's Songs:
How's the weather?
<i>Seasons Song</i>
<i>5 little snowman</i>
<i>Snowflake poem</i>

Monday	Tuesday	Wednesday	Thursday	Friday
2 Season Tree Spring	3 Season Tree Summer	4 Season Tree Fall	5 Season Tree Winter	6 Handprint Seasons
9 Leaf Art	10 Driving in weather	11 toilet paper roll	12 four season paper plates	13 season hand trees
16 Handprint Reindeer	17 Stockings by the fire side	18 Tree Farm	19 Ice painting	20 Snow igloos
23 We Shine when We are Kind	24 Car track painting	25 Closed	26 closed	27 4 Season picture sorting
30 decorate the tree	31			



Buds